



Nightingale Primary School

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Headteacher: **Mrs Hannah Beckett**

Friday 25th September, 2020

Water Bottles

Dear Parents,

What a positive start to the term we've had welcoming your wonderful children back to school. It has been so lovely to see so many of you on the playground in the mornings and although it has been a bit different this year, we would like to thank you all for your continued support in keeping our children safe.

As a Healthy School, we kindly ask that all children come into school each day with a drinks bottle that is filled with water rather than squash. It is important that children are keeping themselves hydrated throughout the day and we encourage all of our pupils at Nightingale to opt for water when they're thirsty instead of squash or fruit juices. Not only will this ensure that all of our children are developing healthy habits but will benefit their dental health as well.

We thank you in advance for your support around this.

Yours Sincerely,

Mrs Lauren Trumble
Deputy Headteacher