

Nightingale Primary School

Menu from October 2022 Until April 2023

Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
October 31 November 21 December 12 January 16 February 6 March 6 March 27	Nacho bites with diced potatoes	Roasted vegetable pasta	Margherita pizza	Quorn chicken pieces in a Yorkshire pudding	Macaroni cheese with Somerset cheddar
	Pork sausages with mashed potato and gravy	Chicken Katsu curry with a blend of brown and white rice	Bubble salmon	Roast chicken with Yorkshire pudding	Baked fish fingers
	Vegetable of the day or salad	Vegetable of the day or salad	Crinkle cut wedges and vegetable of the day or salad	Roast potatoes, vegetable of the day and gravy	Chips and vegetable of the day or salad
	Ice-cream served with a selection of fruit	Lemon drizzle cake	Freshly baked shortbread biscuit	Chocolate brownie	A choice of desserts
Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
November 7 November 28 January 2 January 23 February 20 March 13	Vegan Bolognaise	Vegetable and bean Burrito	Margherita pizza with diced potatoes	Quorn and mushroom parcel	Baked bean and Somerset cheddar cheese Quesadilla
	Pork sausage roll with mashed potato	Chicken nuggets	Pork meatballs marinara served with pasta	Sliced beef and Yorkshire pudding	Baked battered fish and chips
	Vegetable of the day or salad	Crinkle cut wedges and vegetable of the day or salad	Vegetable of the day or salad	Roast potatoes, vegetable of the day and gravy	Roast potatoes, vegetable of the day and gravy
	Ice-cream served with a selection of fruit	Victoria sponge	Freshly baked shortbread biscuit	Apple sponge	A choice of desserts
Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
November 14 December 5 January 9 January 30 February 27 March 20	Cheese and onion slice with crinkle cut wedges	Tomato pasta	Margherita pizza with crinkle cut wedges	Vegetable goujons	Sweet potato and lentil curry with a blend of brown and white rice
	Burger in a bap with homemade potato wedges	Chicken meatballs in BBQ sauce with diced potatoes	Fishcake with sweet potato wedges	Sliced pork and Yorkshire pudding	Baked fish fingers and chips
	Vegetable of the day or salad	Vegetable of the day or salad	Vegetable of the day or salad	Roast potatoes, vegetable of the day and gravy	Vegetable of the day or salad
	Ice-cream served with a selection of fruit	Iced vanilla sponge	Freshly baked shortbread biscuit	Fruit crumble and custard	A choice of desserts
Weekly	Monday	Tuesday	Wednesday	Thursday	Friday
Alternative Hot Option (W)	Jacket potato with sausage and beans	Jacket potato with Cheese and coleslaw	Fish finger wrap	Jacket potato with tuna mayo	Jacket potato with beans and cheese