

Nightingale Primary School

Menu from November 2021 until April 2022

| Week 1 | Monday | Tuesday | Wednesday | Thursday | Friday |
|----------------------------|---|---|---|---|--|
| 01 Nov 21 | Vegan spaghetti bolognaise | Vegetarian sausages, mashed potato and gravy | Margherita pizza with crinkle cut wedges | Vegan mince and potato pastry parcel | Somerset cheddar cheese and tomato Quesadilla |
| 22 Nov 21 | Pork sausage roll with diced potatoes | Creamy chicken pasta | Chicken curry with brown and white rice | Sliced beef and Yorkshire pudding | Baked fish fingers |
| 13 Dec 21 | | | | | |
| 17 Jan 22 | Vegetables of the day | Vegetables of the day | Vegetables of the day | Roast potatoes, gravy and vegetables of the day | Chips and vegetables of the day |
| 07 Feb 22 | Fruit salad with vanilla ice-cream | Chocolate pudding | Freshly baked oat and sultana cookie | Rice pudding topped with fruit compote | A choice of cold desserts |
| 07 Mar 22 | | | | | |
| 28 Mar 22 | | | | | |
| Week 2 | Monday | Tuesday | Wednesday | Thursday | Friday |
| 08 Nov 21 | Sweet potato and lentil curry with brown and white rice | Macaroni cheese with Somerset cheddar | Margherita pizza with crinkle cut wedges | Vegan cottage pie with gravy | Free range omelette filled with cheddar and tomato |
| 29 Nov 21 | Pork sausages, mashed potato and gravy | Lemon and herb marinated chicken with cous cous | Vegetable goujons with crinkle cut wedges | Turkey meatloaf, mashed potato and gravy | Baked battered fish |
| 03 Jan 22 | | | | | |
| 24 Jan 22 | Vegetables of the day | Vegetables of the day | Vegetables of the day | Vegetables of the day | Chips and vegetables of the day |
| 14 Feb 22 | Fruit salad with vanilla ice-cream | Fruit crumble and custard | Freshly baked gingerbread | Jam and coconut sponge | A choice of cold desserts |
| 14 Mar 22 | | | | | |
| 04 Apr 22 | | | | | |
| Week 3 | Monday | Tuesday | Wednesday | Thursday | Friday |
| 15 Nov 21 | Cheese and onion pasty with potato wedges | Tomato pasta | Margherita pizza with crinkle cut wedges | Homemade vegetarian toad in the hole | Vegetable and bean burrito |
| 06 Dec 21 | Spaghetti and turkey meatballs | Bubble salmon and diced potatoes | Chicken and vegetable fried rice with curry sauce | Roast chicken and Yorkshire pudding | Baked fish fingers and chips |
| 10 Jan 22 | | | | | |
| 31 Jan 22 | Vegetables of the day | Vegetables of the day | Vegetables of the day | Roast potatoes, gravy and vegetables of the day | Vegetables of the day |
| 28 Feb 22 | Fruit salad with vanilla ice-cream | Love Cake | Freshly baked chocolate orange shortbread | Chocolate brownie | A choice of cold desserts |
| 21 Mar 22 | | | | | |
| Weekly | Monday | Tuesday | Wednesday | Thursday | Friday |
| Alternative Hot Option (W) | Jacket potato with tuna mayo | Jacket potato with sausages and beans | Fish finger wrap | Jacket potato with beans and cheese | Jacket potato with tuna mayo |